

INTJ

# This person is an INTJ

# **Myers-Briggs Personality Information**

How a person is energized	E = Extraversion Preference for drawing energy from the outside world of people/activities/things	I = Introversion  Preference for drawing energy from one's internal world of ideas/emotions/impression
Gathering Information	S = Sensing Preference for taking in information through the five senses and noticing what is actual	N = Intuition Preference for taking in information through a "sixth sense" and noticing what might be
Decision Making	T = Thinking  Preference for organizing and  structuring information to  decide in a logical, objective way	F = Feeling Preference for organizing and structuring information to decide in a personal, value- oriented way
Lifestyle	J = Judging Preference for living a planned and organized life	P = Perceiving Preference for living a spontaneous and flexible life

#### 1. Where is your energy naturally directed?

Extraverts' energy is directed primarily outward, towards people and things outside of themselves. Introverts' energy is primarily directed inward, towards their own thoughts, perceptions, and reactions. Therefore, Extraverts tend to be more naturally active, expressive, social, and interested in many things, whereas Introverts tend to be more reserved, private, cautious, and interested in fewer interactions, but with greater depth and focus.

- Have high energy
- Talk more than listen
- Think out loud
- Act, then think, then act
- Like to be around people a lot
- Prefer a public role
- Can sometimes be easily distracted
- Prefer to do lots of things at once
- Are outgoing & enthusiastic

- Have quiet energy
- Listen more than talk
- Think quietly inside my head
- Think, then act, then think
- Feel comfortable being alone
- Prefer to work "behind-thescenes"
- Have good powers of concentration
- Prefer to focus on one thing at a time
- Are self-contained and reserved

### What kind of information do you naturally notice and remember?

Sensors notice the facts, details, and realities of the world around them whereas Intuitives are more interested in connections and relationships between facts as well as the meaning, or possibilities of the information. Sensors tend to be practical and literal people, who trust past experience and often have good common sense. Intuitives tend to be imaginative, theoretical people who trust their hunches and pride themselves on their creativity.

- Focus on details & specifics
- Admire practical solutions
- Notice details & remember facts
- Are pragmatic see what is
- Live in the here-and-now
- Trust actual experience
- Like to use established skills
- Like step-by-step instructions
- Work at a steady pace

- Focus on the big picture & possibilities
- Admire creative ideas
- Notice anything new or different
- Are inventive see what could be
- Think about future implications
- Trust their gut instincts
- Prefer to learn new skills
- Like to figure things out for themselves
- Work in bursts of energy

#### How do you decide or come to conclusions?

Thinkers make decisions based primarily on objective and impersonal criteria--what makes the most sense and what is logical. Feelers make decisions based primarily on their personal values and how they feel about the choices. So, Thinkers tend to be cool, analytical, and are convinced by logical reasoning. Feelers tend to be sensitive, empathetic, and are compelled by extenuating circumstances and a constant search for harmony.

- Make decisions objectively
- Appear cool and reserved
- Are most convinced by rational arguments
- Are honest and direct
- Value honesty and fairness
- Take few things personally
- Tend to see flaws
- Are motivated by achievement
- Argue or debate issues for fun

- Decide based on their values & feelings
- Appear warm and friendly
- Are most convinced by how they feel
- Are diplomatic and tactful
- Value harmony and compassion
- Take many things personally
- Are quick to compliment others
- Are motivated by appreciation
- Avoid arguments and conflicts

## What kind of environment makes you the most comfortable?

Judgers prefer a structured, ordered, and fairly predictable environment, where they can make decisions and have things settled. Perceivers prefer to experience as much of the world as possible, so they like to keep their options open and are most comfortable adapting. So, Judgers tend to be organized and productive while Perceivers tend to be flexible, curious, and nonconforming.

- Make most decisions pretty easily
- Are serious & conventional
- Pay attention to time & are prompt
- Prefer to finish projects
- Work first, play later
- Want things decided
- See the need for most rules
- Like to make & stick with plans
- Find comfort in schedules

- May have difficulty making decisions
- Are playful & unconventional
- Are less aware of time & run late
- Prefer to start projects
- Play first, work later
- Want to keep their options open
- Question the need for many rules
- Like to keep plans flexible
- Want the freedom to be spontaneous